

"Committed to improving the health and fitness levels of NH school children by increasing their physical activity levels and healthy food choices."







HEALTHY BODIES,

HEALTHY MINDS

HEALTHYSCHOOLS

THE FIRST ANNUAL NH HEALTHY STUDENTS CELEBRATION!















THURSDAY MAY 31, 2007 9:00 AM-1:00 PM

HAMPSHIRE DOME AT THE HAMPSHIRE HILLS FITNESS CENTER

9:00 AM - 9:30 AM **Arrive at the Dome** 9:30 AM - 10:30 AM Field Shake it All About! (Grades 1 to 5) Food, Fun and Fitness Obstacle Challenges! Field (Grades 6 to 8) 10:30 AM to 10:45 AM **Snack Break 10:45 AM to Noon** Food, Fun and Fitness Obstacle Challenges! Field (Grades 1 to 5) Field Jump In, Jump Out, Make the Leap! (Grades 6 to 8) **Keynote:** Governor and Dr. Lynch Invited Noon to 12:30 PM LUNCH Stage 12:30 to 12:45 PM **NH Healthy Schools Ambassador Awards** Stage 1:00 PM **Return to Schools**













For more information about the event, materials to help prepare students for the day, and registration forms, please go to nhahperd.org. Registration is limited to 2000 students. Please register early.